



ASPIRE HERALD

Annual Newsletter - Sagar Public School

FROM THE EDITOR'S DESK

Our aspiration guides our decisions and directs our energy.

Over the last 5 years, ASPIRE (A Specialized Programme Integrating Resources & Expertise) has expanded its wings and made it possible for Sagarites to meet acclaimed and motivating personalities because we believe that if we surround them with positive and inspiring people, our students will be galvanised to carve their own niche. To meet this challenging task we thank our committed and supportive management and all three branches of SPS who pooled in their resources and information to provide the best to our students.

This year our students got the chance to interact with technological wizards as well as story tellers. They visited the small town of Porbandar to explore Bapu's roots and traveled to the top science institute in Bengaluru to understand the latest happenings in the world of Science. After every session or visit arranged by ASPIRE we saw a spark of new understanding and attitude to do the best in our students. They felt Inspired to Aspire.

For the complete flash back of activities organized under the aegis of Aspire in the last one year 'turn over' or shall I say 'scroll down' the new **E-Avatar Of ASPIRE HERALD**.

Sangita Tiwari

Inspiring young minds to ASPIRE

AHA KAHANI ! KAHA KAHANI!

To infuse the passion for reading in our young students of classes I-V, a story telling session was organized on 21 Nov.'16. Our master story tellers had come from **Eklavya Foundation** in collaboration with Azim Premji Foundation.

Engaging the students with their fun and interactive, way Mr. Anil and Ms. Tultul successfully spun the web of a make-believe world where animals talked. The children listened to the story of Kajari cow and his friend crow with rapt attention. Amidst the giggles and laughter, the children imbibed the message that we need to make efforts if we want to achieve something.

The students thoroughly enjoyed the lively and merry environment created by the story tellers.



THE TALKING DOLL

A 'Talking Doll Show' was organized by **Mr. K. Bhaskar Reddy** on 26th November, 2016 at SPSGN for Pre-Primary students. Students showed a lot of excitement for RAJU CHACHA, the talking puppet. Through this show, the students were not only entertained but also taught various values. The programme was very lively and enjoyable for one and all.



HAND HYGIENE

With a mission to inculcate good hygiene habits, a session on the appropriate way of washing hands was organised for the students of Classes I – III on 11th September-'17. The activity was designed to encourage behavioural change towards washing hands amongst children through entertaining stories and engaging visuals. **Ms. Aditi** of SAVLON INDIA explained hand washing through rhythmic hand movements on a jingle. The students enjoyed the session thoroughly.



FASCINATING WORLD OF CARICATURE

On 24th Dec.'16 SPSGN and on 19th Dec.'16 SPSRN hosted a Caricature workshop for classes IV-VIII by renowned cartoonist, **Mr. Hariom Tiwari** who is blessed to be a student of Mr. R. K. Laxman. He shared the history of making caricatures and drew some beautiful caricatures which fascinated children. Children thoroughly enjoyed and learnt that drawing cartoons is also an art that could earn them name and fame.



SAVING THE HOUSE SPARROW

The students of classes V to X, SPSRN were sensitized towards the need to save the tiny yet extremely important bird in the food chain 'House Sparrow'. The resource person **Mr. Aakash** from Navduniya Newspaper made the children aware about how these house sparrows are the birds which dwell only in the houses and not in the forests. Due to heavy pollution all around nowadays, these tiny creatures are facing life threatening situation and are on the verge of extinction.

The team from 'Krishna Group of Theatre' put up a short skit 'Laut Aao Gauraiyya' on the same theme, delivering the message of humanity towards these tiny creatures.

The programme concluded with the pledge by the teachers and the students to save house sparrows and do their bit in the pursuit of saving nature which is the need of the hour.



BE A DOER, NOT A DREAMER

Ms. Rashmi Bansal, an Indian non-fiction writer, entrepreneur and a youth icon, addressed a group of 300 students from Classes X to XII from all branches of SPS. Ms. Bansal is the author of several books, including the best-selling, "Stay Hungry, Stay Foolish" and "Connect the Dots". After a brief introduction to her own life, through which she emphatically highlighted the courage to think and act differently, she moved on to speak about entrepreneurs she had met from various backgrounds and various walks of life. She encouraged the students to embark on entrepreneurial activities while they are in school itself. The students were motivated and charged up by her examples, and vowed to follow their dreams and make them come true.



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DEVELOPING A BRAND



A talk on the "Role of Advertisements and Media" was held for the students of Class VII at SPSSN. **Mr. Aman Khishti**, Manager-Media & PR, Sagar Group was the guest of the day. The content of the talk was related to the role of children in advertising, how a brand develops, what makes an advertisement work and identifying logos of various top products. Students showed great interest in media content development and they look forward to more visits as promised by him.



BLOOD DONATION

A talk on the "Blood, Blood Bank and Blood donation" was conducted by **Dr. Sapna Dalal** for students of class VIII at SPSSN. She discussed about Blood, Blood types, Blood donation- criteria, eligibility, screening, recovery and time between donations, storage, supply & demand and satisfied the queries of the students. 28 July is also marked as World Hepatitis Day and brings the world together under a single theme to raise awareness about the global burden of viral hepatitis. She made the students realize that for healthy blood, healthy and nutritious diet is equally important.



CRACKING CLAT



On July 29, 2017 the students of Classes XI and XII met eminent lawyer, **Mr. Siddharth Gupta**, an alumnus of NLIU, Bhopal currently placed at High Court, Jabalpur. He not only guided the students on how to crack CLAT but also gave inputs on how to be a successful lawyer and a good human being. Respected Chairman, Shri Sudhir Agrawal, blessed the students with his motivational words.

CYBER CRIME- CHALLENGE FOR TODAY

A Session on Cyber Safety was conducted by **Mr. Sudeep Goenka**, SP, Cyber Crime, for the students of Classes VII-X at SPSSN. The objective of the session was to make students well-versed with the cyber threats that have increased manifold in the past few years. He highlighted various types of cyber crimes in the light of the new cyber crime acts and its impact on youth and society. It was an interactive session that resulted in cyber awareness in the students as well as in teachers.



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MATHEMATICS SYMPOSIUM

There is always a need to know more and to update ourselves.

With the above dictum in mind, Mathematics Symposium was organized for the students of Classes X - XII. **Dr. Nikita Agrawal**, HOD Math, IISER (Indian Institute of Science Education and Research) addressed the students at SPSSN. She explained a few topics of calculus like differentiation, integration, limits etc. Students got their doubts and queries answered and also enquired about KVPY exam. Students discussed about career in research field and educational requirements for the same.



NOTHING SUCCEEDS LIKE SUCCESS

A session on career counselling was conducted on 27 July 2017 at SPSSGN. **Mr. Sudhir Kochar** (IAS), Deputy Secretary Personnel in GAD Department was the spokesperson for the day. He enlightened the students with his expert advice on career management. "Reduce tension, anger and ridicule to thrive and succeed," were his golden words." Career options of all kinds were discussed. It was a truly a fruitful session.



Mrs. Monika Rajwanshi, the Career Counselor from SPSSN along with **Mr. Manish Kane**, Aptitude Trainer and the owner of Pathfinder Education Services in Bhopal were the resource persons for the career counseling session held in SPSSRN and SPSSGN. They threw light on the topics like career path after taking PCM as the stream. Ms. Monika gave a detailed talk on entrance in NDA and ISRO after the twelfth grade.

Mr. Manish spoke on peer pressure and how to tackle it. The event was concluded with the message that if you get focused in life, people will automatically start respecting you.

Mr. Amer from IIT Rourkee, **Mr. Abhinav**, and his team members on 31 Aug. 2017 inspired the Sagarites of IX and X at SPSSRN and made them aware about competitive exams. They told about the significance of clearing NTSE exam, its syllabus and gave a sample paper. It was an invigorating session with queries of the young minds answered satisfactorily.



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TALENT VS HARDWORK



A motivational talk by **Mr. Shiv Shekhar Shukla**, Commissioner - Medical Education (MP), was arranged for the students of Classes IX-XII at SPSSN. He reiterated the importance of 'Determination' in everyone's life. According to him, talent and hard work go hand in hand. Talent helps only up to a certain level, it is basically the practice and determination with which one works hard that pays off. Quoting the book, 'Outliers,'The Story of Success' by Malcolm Gladwell', he stressed that a minimum of 10,000 hours are needed to be put in to get the desired success. He interacted with the students and rejuvenated their spirits. The students as well as the teachers were totally mesmerized by his words.

FACETS OF STAGE PERFORMANCE

A theatre workshop was organized at SPSRN by a renowned dramatist Ms. Shobha Chatterjee. It was an enriching week for the participants wherein they were introduced with several facets of stage performance which would help them open the doors to their creativity. Ms. Shobha Chatterjee is a well-known and established theatre artist. She has performed in several plays along with number of teleshows on Doordarshan.



BELIEVE IN YOURSELF



On 19 Aug '17 SPSRN invited Dr. Sudhir Aazad who is an internationally prominent figure. He is a poet as well as an author. He expressed his feelings through street plays, plays, poems, documentary films, short films and much more. All of his short films have been screened in over 27 countries. Dr. Aazad gifted his debut novel, "Bhopal... Until the Dawn" to the library. Dr Azaad motivated the students to take small leaps now that will enhance their confidence and make them passionate about the things they do in life. Sagarites were highly motivated and infused with enthusiasm with his words of wisdom.

JAIPUR LITERATURE FESTIVAL

The Jaipur Literature Festival is a one of its kind of festival and is often described as the largest literary show in the world, placing some of the world's greatest minds, humanitarians, historians, politicians, business leaders, sports people and entertainers from all walks of life together on stage.

Fifteen students from the three branches of Sagar Schools availed the golden opportunity of attending the fest this year on 19th and 20th January. Ms. Rinky Soni from Sagar Public School, Rohit Nagar escorted the students. In a series of sessions held during these two days, the students participated with eminent writers like William Dalrymple, Deborah Smith, Chitra Banerjee, Lucy Beresford etc in debates, group discussions and chat shows.

Clicking pictures with the renowned writers, authors, journalists, actors and poets, purchasing books from the treasure of innumerable choices and taking autographs were yet again spell binding experiences for the students. On the whole, it was a great learning experience and a motivating trip for all the young writers and authors blooming in the SPS Gardens.



NEW FRONTIERS IN SCIENCE

The exploration of new frontiers started with the Sagarites greeting Prof. Prasana from Material Engineering Department. The students were enthralled by the innovative pedagogies practiced at IISc. The students visited Micro Biology, Cellular Genetics and Organic Chemistry Departments. The students saw Electron Microscope, Sonicators, Sonar Radiation, PCR machines, Spectrophotometers, BroFreezers, Double Distillation flasks, Liquid Nitrogen (looking like boiling water but was at -196°C). The students also enjoyed at places like Orion Mall, High Court and Chanted Hare Krishna Mahamantra at ISKON with the escort teacher Ms. Laxmi Peter.



SCIENCE AND SUPERSTITIONS

Students of classes VI-VIII at SPSGN visited the Regional Science Centre, Bhopal on 16 Jan 2017, on the occasion of 40th Foundation Day of National Council of Science Museum.

It started with an informative lecture on the "Role of Science Centre in the development of society" by Mr. Arun Kiro, Curator, IGRMS, and was followed by screening of some award winning films of NCSM and Vigyan Parisar. Students also enjoyed learning the science behind many superstitions and magic tricks.

Overall, it was an entertaining and educative experience for the students.



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ABOUT BIOSCIENCES

An educational trip was organised for the students of Class XII students (Bio Group) to visit certain research institutes situated at Lucknow. They visited Birbal Sahani Institute of Paleobotany, CSIR-Central Drug Research Institute, Alligator Breeding Centre, National Botanical Research Institute and CSIR Indian Institute of Toxicology and Research. They also visited the botanical garden and saw Jurassic House, Fern House, Moss House, Cactus House, etc. This trip enriched them and they learned about the modern researches in the biotechnology field. They got an insight into scope in Biosciences. Nine students of SPSSN accompanied the Trip- in-charge Mrs. Alpa Prabhu.



TRUE SERVICE FOR HUMANITY



Under the theme " Humanity is our religion" the students of SPSSN and SPSSGN were taken on the school excursion to the world's largest centre of artificial limbs - BMVSS Jaipur, from 24 Aug to 27 Aug 2017. Students were inspired not only by the patients but also by the staff around them who are working there voluntarily. It was an opportunity to witness such true service for humanity. The administrative department which is dedicated day and night to the service, briefed them about the various facilities provided by BMVSS. The students interacted with the people who had lost their locomotives and were informed that how they are efficiently riding the bicycle up to 30 km after the treatment.

They also visited Jantar mantar, City Palace, Hawa mahal and Albert hall. Overall it was an enriching experience and worth restoring faith in humanity.

THE TEMPLE OF DEMOCRACY

A two days training session on 21st and 22nd March 2017, was conducted by the Kunjilal Dubey Institute for Youth Parliament. Students from VI-XII of SPSSGN attended the session which also included a visit to the Vidhan Sabha. The students were updated about the proceedings of Vidhan Sabha and the different aspects of our constitution.



EMPOWERING THE POOREST OF THE POOR

Sagarites visited, Anandwan, Lok Biradari Prakalpawas from 26th to 28th July 2017. This institute was started by Dr. Prakash Amte in 1973, in the small village of Hemalkasa in Gadchiroli District of Maharashtra, India. Baba Amte visited Hemalkasa and was appalled at the living-conditions of the adivasi people (Madia Gond) out there. He found abject poverty, widespread malnutrition, and high levels of exploitation by other people. Maharogi Seva Samiti is a non-profit organisation in Central India helping socially disadvantaged people to enhance their livelihood capabilities through self-discovery and empowering them to contribute to society. The students developed a sense of empathy by the end of the workshop.



SCIENCE EXPRESS

The climate action special is an innovative science exhibition by the Department of Science and Technology (DST). The students of class VIII of SPSGN and SPSSN visited the "Science Express", a mobile scientific exhibition for the children mounted on a train which travels across India. The students enthusiastically took part in learning new ideas, it was a great learning experience for them.



NAV CHETNA

SPSRN conducted a three day program "NAV CHETNA" organised by ART OF LIVING for the support staff. The session was taken up by Mr. Vinay Garg. He gave a brief overview of etiquettes and manners, hygiene factors and healthy eating habits. He also emphasised on the importance of Yoga in our life and conducted a yoga session for the support staff. The objective of the workshop was to instill a sense of belonging amongst the support staff.



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NATIONAL INSTITUTE OF DESIGN

Sagarites visited the National Institute of Design, Ahmedabad on an Educational Trip on 8th Aug 2017.

NID, Gandhinagar and NID, Ahmedabad offer UG and PG courses under four broad categories – Industry Design, Communication Design, IT Design and Textile Design. NID offers courses in 19 disciplines -Animation Film design, Product Design, Textile Design, Transportation and Automobile Engineering, Ceramic and Glass Design, Film and Video communication to name a few.

As IITs are for Engineering, IIMs for Management, NID, Ahmedabad is for Design. If you dream of a career in the field of Design, you must aim for NID Ahmedabad. In the last two

years, National Institute of Design has also been set up at Vijaywada, Kurukshetra and Johrat. NID, Bhopal is also coming up. However, the charm of NID, Ahmedabad will always remain.

Students also visited Gujarat Science City, Zoological Park and Sabarmati River Front at Ahmedabad. Overall it was an enriching experience filled with fun.



A DAY WITH SOLDIERS

On 22nd October 2016, Class V students of SPSSN visited "YODHASTHAL" an open air museum of the Indian Army. They enriched their knowledge about the Indian Army at various sections. At 'Prekshagrah'- the audio - video centre, they saw a short film on the Indian Military. At 'Parichay'- the information centre the students browsed and gained an insight into army traditions and ethos. At 'Avishkar'- they discovered lesser known facts of about the Indian Army. At 'Astra Shastra' they saw models of weapons, planes and ships. The children enjoyed rock climbing under the guidance of Army personnel.

UPCOMING EVENTS

- ▶ Visit to Banaras Hindu University.
- ▶ Visit to Shanti Niketan.
- ▶ Visit to Bengaluru Literature Fest.
- ▶ Visit to FIFA U-17 World Cup.
- ▶ Story Telling Session by Nidhi Agrawal of Stories and Beyond
- ▶ Workshop on Pottery.
- ▶ Session on Communication Skills by Prof. Dr. V. Ganeshan Professor of German and Former Vice-Chancellor Central Institute of English and Foreign Languages - Hyderabad